

# ENGLISH FOR SPECIFIC PURPOSES

TEACHER TRAINEES  
BIOLOGY - ENGLISH

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Language Department

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B2 – C1 level

- The ESP course is intended for students with at least:

**B2 – C1 Level of English (upper intermediate – advanced) \***

Number of students per group is limited to **14**

Students are also recommended to take an online standardized test to find out what their level of English is.

In English, the EF SET (<https://www.efset.org/>) is the best choice because it is free and the first standardized test to be fully aligned to the CEFR. You will need to set aside 50 minutes to complete the test and find out your CEFR level.

*\*as based on CEFR (see the link: <https://www.coe.int/en/web/common-european-framework-reference-languages/table-1-cefr-3.3-common-reference-levels-global-scale>)*



- The course is tailored to meet the needs of **teacher trainees majoring in Biology and English.**
- Going through a broad repertoire of topics, students will practise and acquire skills that can be used in their future teaching career.
- acquired skills can be used at bilingual schools
- activating methods (e.g., CLIL)
- Kahoot
- TEDtalks/TEDed



**TED** Talks

# Topics

## Winter Semester

- Vitamins (pellagra, beriberi)
  - Extinction of the Giants
  - DNA & Cloning
  - Choose a Living World
- *The topics may be subject to change.*

## Summer Semester

- FLU
- Spanish FLU
- Vitamin D & Skin Colour
- Chocolate – Sweet and Healthy
- Charles Darwin
- The Galapagos

# Winter Semester

*The topics' order and their number may be subject to change.*

## Vitamins (pellagra, beriberi)

- *water soluble & fat soluble vitamins*
- *deficiency and excess symptoms*
- *defining and non-defining sentences*

## Extinction of the Giants

- *hypothesis vs. theory*
- *extinction, de-extinction*
- *irregular and foreign plural forms (e.g. nucleus – nuclei, analysis – analyses)*

## DNA & Cloning

- *DNA structure, Rosalind Franklin*
- *Cloning Dolly – the sheep, SCNT (Somatic Cell Nuclear Transfer)*
- *passive voice in academic writing*

## Choose a Living World

- *teeth & digestive system in humans*
- *healthy eating*
- *Blue Zones of Longevity*

# Summer Semester

## FLU

- *symptoms & treatment, pandemic vs. epidemic, antigenic drift & antigenic shift*

## Spanish FLU

- *interesting facts and an analogy with the current pandemic*
- *laboratory equipment*

## Chocolate – Sweet and Healthy

- *ailments and remedies, health benefits of chocolate*
- *cocoa solids vs. cocoa butter, chemical compounds found in chocolate*

*The topics' order and their number may be subject to change.*

## Vitamin D & Skin Colour

- *sources, deficiency and excess symptoms, D<sub>3</sub> & D<sub>2</sub>, a link to the development of lightly pigmented skin types*

## Charles Darwin

- *Darwin's life, voyage to the Galapagos, Theory of Evolution*
- *hedging in academic writing*

## The Galapagos

- *endemic species*
- *threats to the wildlife (invasive species, overtourism,...)*
- *articles with geographic names*

# Requirements

## Winter Semester

- Listening Journal (*from a TEDtalk*)
- Oral presentation (*maximum 20 minutes*)

## Summer Semester

- Oral presentation (*maximum 25 minutes*)

*May be subject to change according to a mutual agreement.*

Attendance (two absences allowed)



# A SNEAK PEEK AT SOME LECTURES

*Materiál obsahuje príklady z prezentácií použitých výlučne ako názorné ukážky vo výučbe bez akéhokoľvek priameho alebo nepriameho majetkového prospechu pre autorov.  
The material contains examples from presentations used exclusively as illustrative examples in teaching without any direct or indirect financial benefit to the authors.*



# PELLAGRA – A CURSE OF CORN



## SYMPTOMS

“disease of the four D’s”

- Diarrhoea
- Dermatitis (a scaly rash on skin)
- Dementia
- Death (4 – 5 years)

glossitis (ulcerations within the mouth), nausea, vomiting, seizures, balance disorder

## CAUSES

deficiency of **niacin(-e)** (PN)

DIET: “the three M’s”

- MEAT
- MOLASSES
- MEAL (cornmeal/MAIZE)



<https://pixabay.com>

How does chocolate help to prevent heart disease?

## Chocolate vs Aspirin

The polyphenols in chocolate:

- inhibit oxidation of LDL cholesterol (a waxy substance)
- inhibit the clotting of blood platelets, reducing further the risks of atherosclerosis
- thus reduce blood pressure



- chocolate thins the blood and performs the same anti-clotting activity as aspirin
- How much chocolate would you have to eat to obtain these benefits?
- 15 g of dark chocolate

<https://pixabay.com>

## FOREIGN PLURALS

- US → I
- IS → ES
- OO → EE
- \*\*\* → A
- IX → ICES
- \*\*\* → EN
- A → AE
- OUSE → ICE
- NO CHANGE

Anatomy of an Animal Cell

HUMAN EGG (OVUM)

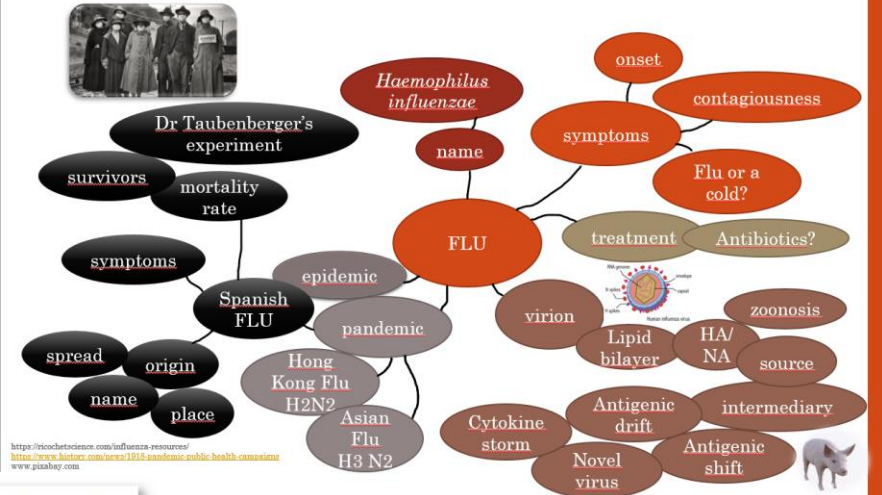
matrices	fungus
oxen	series
medium	thesis
mitochondria	lice
goose	vertebra

the plural form of octopus should always be octopuses and never octopi.

the word came into English from Greek, not Latin, and so the usual rules for Latin plurals don't apply.



<https://pixabay.com>



<https://ricochetesacion.com/influenza-recursos/>  
<https://www.history.com/news/2018-pandemic-public-health-connection>  
[www.pixabay.com](http://www.pixabay.com)

# Blue zones of longevity

<https://www.bluezones.com/>



**Barbargia region of Sardinia** – Mountainous highlands of inner Sardinia with the world's highest concentration of male centenarians.

**Ikaria, Greece – Aegean Island** with one of the world's lowest rates of middle age mortality and the lowest rates of dementia.

**Nicoya Peninsula, Costa Rica** – World's lowest rates of middle age mortality, second highest concentration of male centenarians.

**Seventh Day Adventists** – Highest concentration is around Loma Linda, California. They live 10 years longer than their North American counterparts.

**Okinawa, Japan** – Females over 70 are the longest-lived population in the world.

Source of pictures: <https://www.bluezones.com/2016/11/power-of-harmony-the-blue-zones>  
<https://demographics.com/2016/11/power-of-harmony-the-blue-zones>

# Galápagos Endemic Species



<https://pixabay.com>

January 2018

monkey twins → the first primate clones made by the method that developed Dolly - somatic cell nuclear transfer (SCNT)

just two healthy baby macaques born from more than 60 surrogate mothers

the researchers were only able to reprogram cells from fetal monkey tissue, not adult cells.

<https://www.theguardian.com/science/2018/jan/24/zhong-zhong-and-hua-hua-first-primates-born-using-dolly-the-sheep-cloning-method>  
[https://www.cell.com/fulltext/S0092-8674\(18\)30057-6](https://www.cell.com/fulltext/S0092-8674(18)30057-6)  
<https://www.youtube.com/watch?v=eoEXieYs58MY>  
 Guardian graphic. Source: CellPress  
 2,20

# Students' feedback

Podľa mňa boli hodiny angličtiny veľmi zaujímavé, dozvedeli sme sa a naučili sme sa naozaj veľa nových a hlavne zaujímavých poznatkov, hodiny boli dynamické a vždy ubehli ani sme sa nenazdali ako :)  
Jeden z predmetov, na ktorý sme sa vždy tešili.

Predmet Anglický jazyk bol veľmi prínosný, hlavne spôsobom, ktorý zvolila doktorka Slováková. Preberali sme naozaj ojedinelé témy v rámci Biológie, mali sme možnosť prezentovať v Anglickom jazyku. Boli sme vedení ku komunikácii v angličtine a mne osobne to pomohlo v seba-rozvoji, v terminológii, a v získaní nápaditých materiálov pre **spojenie Biológie a Anglického jazyka**, čomu sa venujem aj v Diplomovej práci. Bc. Dorothea S., študentka odboru Biológia-Angličtina

Hodiny angličtiny mi veľmi vyhovovali. Témy boli zaujímavé a obohatené o rôzne aktivity, čím sa aj jednoduchšie zapamätali. Určite mi pomohli obohatiť si slovnú zásobu.

Vzdelaná, sčítaná, ústretová a milá vyučujúca. Ukázala nám, **učiteľom**, mnoho využiteľných stránok a zdrojov, z ktorých môžeme v budúcnosti čerpať a tvoriť. Na každú hodinu mala pripravenú inú tému s rozdielnymi aktivitami a vždy zapojila každého študenta.

... skvelé poznatky, odbornosť, znalosť jazyka, aj biológie ...